

Consent to Treatment and Agreement for Psychotherapy

I acknowledge that I have received, have read (or have had read to me), and understand the “Information for Clients” info sheet and/or other information about the therapy I am considering. I have had all my questions answered fully.

I do hereby seek and consent to take part in the treatment by the therapist named below. I understand that developing a treatment plan with this therapist and regularly reviewing our work toward meeting the treatment goals are in my best interest. I agree to play an active role in this process.

These services are to be provided by the therapist named below, or by another professional as the therapist sees fit. The fees for these services will be \$150 for Psychological Intake and \$110 per session of Individual or Family Psychotherapy.

I am aware that I may stop my treatment with this therapist at any time. The only thing I will still be responsible for is paying for the services I have already received. I understand that I may lose other services or may have to deal with other problems if I stop treatment. (For example, if my treatment has been court-ordered, I will have to answer to the court.)

This therapist's office policies concerning missed appointments have been explained to me. I have been told about the risks and benefits of receiving these services and about confidentiality and privacy.

I am aware that an agent of my insurance company or other third-party payer may be given information about the type(s), cost(s), date(s), and providers of any services or treatments I receive. I understand that if payment for the services I receive here is not made, the therapist may stop my treatment.

I have had the chance to discuss any questions and issues, have had my questions answered, and believe I understand the treatment that is planned. Therefore, I agree to play an active role in this treatment as needed, and I give this therapist permission to begin this treatment, as shown by my signature below.

My signature below shows that I understand and agree with all of these statements.

Signature of client

Date